

New & bigger premises for GYM in Lanseria

New features:

No more gravel road to travel.

Under cover parking / paved parking area

Fully airconditioned

Coffee station

Rent office space by the hour

24 hrs. full manned security

Location:

Corner of Malibongwe drive & Elandsdrift Road. Follow the signs, down Elandsdrift road, first left, at the T-junction left, all the way back up toward Malibongwe drive, on the left.

Easy access from Malibongwe for pedestrians / on taxi route.

New services:

Yoga / Hot Yoga

Cross fit

Boot camp

PT clients free gym access with your Personal trainer

Pre -opening SPECIAL FOR MARCH – less 30% discount on standard gym rates.

12-month membership reduced from R600/month to R420/month

24-month membership reduced from R500/month to R350/month.

Opening SPECIAL FOR APRIL – less 20% discount on standard gym rates.

12-month membership reduced from R600/month to R480/month

24-month membership reduced from R500/month to R400/month

EMS – Electro Muscle Stimulation

Once off EMS special – in gym R400/20 min & R700/40 min

12-month membership @ R300/session x 4 per month = R1, 200/month

24-month membership @ R250/session x 4 per month = R1, 000/month

What's app 0736354062 – **www.personalfitnesstraining.co.za**